

## Spiritual Angioplasty Part III

Intro: The spiritual heart cath test has revealed that as believers, our spiritual arteries, just like our physical arteries, may become clogged with the plaque and cholesterol material of spiritual things, not just fatty deposits.

Today, lets look at 3 things we call LDL or bad cholesterol for our spiritual lives.

### A. Doubt John 20: 19-31

1. Doubt leads to discouragement, despair, and defeat.

2. Doubt is contagious. It will drag others down quickly, even more so than faith can drag others along with it on its upward trek.

**Thought:** When we find our spiritual arteries plugged with doubt, we find our spirits struggling for the life blood of faith. Are you a doubter??

3. **Thought:** It has been said, He who mistrusts most should be trusted least.

4. Doubt leads to others being blessed more than we are. John 20:27 Thomas was blessed even though he doubted but he was not as blessed as those who believed without seeing.

5. Habakkuk 2:4 is repeated three times in the N T Romans 1:17; Galatians 3:11; Hebrews 10:38 so it must mean just what it says, the just shall live by faith. Hebrews 11:6 says without faith,

6. Doubt is not faith, so to clean out our spiritual arteries and improve the blood flow, use this thought for your spiritual angioplasty.

**Thought:** Believe your beliefs and doubt your doubts.

T.S. A second thing that clogs our spiritual arteries is

### B. A critical spirit

1. Criticism can soon make us a hypocrite. **Thought:** Give so much time to the improvement of yourself that you will have no time for criticism of others.

2. Criticism can make us a Pharisee.

Matthew 23:1-13 V 4, 24 **Thought:** Remember, people who try to whittle you down are only trying to reduce you to their size.

3. So the angioplasty needed here is, Don't worry about what your critics say as much as you think about what your Christ thinks of you.

4. **Thought:** Remember, those who can do and those who can't criticize.

### **C. Procrastination:** This is a real artery clogger

1. It has been said like this. **Thought:** A procrastinator suffers from hardening of the oughteries.

2. This hardening goes against Scripture. Eph. 5:15-21 V 16,17.

3. We know the Lord's will is not to procrastinate. Jn. 3:1-11

Notice what the Scripture does not say in V 5. **It does not say do it later.**

4. **Remember:** The devil doesn't care how much we do, as long as we don't do it today.

5. So the angioplasty needed here to help our clogged arteries is this, Remember and take to heart this thought: Tomorrow is the road that often leads to the house of despair.

6. A little bit of obedience today could well help avoid a spiritual heart crisis tomorrow.

How are we coming along in our drive for a healthy spiritual heart?

If we were as worried about this heart as we are about our physical heart we would be coming right along in our spiritual ministries and lives. God wants us to live and work well in this area so let's work on it.'

A closing thought: If you are not a believer and have been procrastinating about coming to Christ I would urge you read these next few lines and make that decision today. It will lead to good heart health.

Realize you are a sinner Romans 3:23

Understand that the payday for sin is death or eternal conscious separation from God.  
Romans 6:23a

Know that there is a way of escape for you. Romans 6:23b and John 1:12

Desire to escape and pray this or a similar prayer.

"Dear God, I know I am a sinner. I am truly sorry for my sins, and I confess them all to You [name them]. Lord Jesus, forgive all my sins and come into my heart as my Saviour and Lord. I receive You right now. Help me from this time forward to live for You. Thank You for hearing and answering my prayer. In Jesus' name. Amen."

On the \_\_\_\_\_ day of \_\_\_\_\_ I became a Christian by inviting Jesus Christ into my life to forgive my sin.

Signed: \_\_\_\_\_

If you have further questions or have chosen to do this, be sure to let us know so we can help you, pray for you and encourage you in your new life.

You can reach us at [lapeerchurch@gmail.com](mailto:lapeerchurch@gmail.com) Subject line: (Salvation)