

Spiritual Angioplasty

Intro: Have you ever suffered a spiritual heart attack? If so what caused it? Were your arteries plugged to the point that the life blood of Christ could not flow into your life properly? Lets look at five things to avoid that will help our spiritual heart condition. First avoid gunk of

A. Guilt

1. This guilt can be either appropriate or inappropriate. I personally believe much guilt that clogs our lives is **inappropriate** such as when we get too hard on ourselves without proper reason nor accusation.

2. There is a guilt that leads us to God for salvation and relief. But there is also a guilt that keeps us from God and doing or becoming what He wants us to do or be.

This is the guilt that requires angioplasty. The other guilt just needs salvation. At the end of this message you can find out about this gift so hang on dear friend.

3. False guilt plugs the arteries of hope and joy and causes spiritual depression and fear.

4. Lets look at what the procedure includes to open our spiritual arteries of this clog. **A big dose of God's grace.**

a) A quick confession concerning the problem II Samuel 12:1-15 V 13 When confronted, David owned up to right quick.

b) Make sure your expectations of yourself were correct. Don't expect more from yourself than God expects from you.

c) Let God activate the ability within you to forget the right things (**Your sin and mistakes that will try and hold you captive**).

- God forgets them when they are forgiven.

d) Avoid living in the past with regrets, and start living in the present with its opportunities. Philippians 3:7-14 V 13,14

e) Remember concerning confession about your sins which cause proper guilt: Confess all to the Lord and as far as with people follow this well given advice,

Public sin, public confession - Private sin private confession with the ones you hurt.

B. Jealousy Proverbs 6:34 Here it talks about jealousy of the husband whose wife is taken by another man. But jealousy touches more than just this as we will see.

1. It clogs blood flow to the brain so we can't think clearly. We spend so much time trying to keep up with the Joneses we can't become all God has planned for us. And besides, the Joneses usually aren't happy anyway.

That's why they keep wanting more so they can be ahead, which is a sure sign they are not happy with who they are.

2. The angioplasty procedure here is found in Hebrews 13:1-6 V 5 *Let your character be free from the love of money, being content with what you have; for He Himself has said, "I WILL NEVER DESERT YOU, NOR WILL I EVER FORSAKE YOU,"*

Philippians 4:10,11 *How I praise the Lord that you are concerned about me again. I know you have always been concerned for me, but you didn't have the chance to help me. Not that I was ever in need, for I have learned how to be content with whatever I have*

Learn to be content with your position, purse and power and you will have less of a problem with jealousy.

C. Fear I John 4:18,19

1. This clog keeps us from

a) Experiencing God's love for ourselves

b) Expressing God's love and grace in Salvation to others.

2. The procedure to clear the arteries is: trust God to **love you properly** and **use you greatly**.

Finally there is

D. Selfishness

1. Concerning this clog someone has said A selfish heart loves for what it can get - a Christ like heart loves for what it can give.

2. The angioplasty procedure for avoiding ,not so much hardening of the arteries, but hardening of the heart is found in the application of Philippians 2:3,4 in our lives.

Well, I hope our look at this area of spiritual problems and the hope of its cure will be an encouragement to us all.

I trust we can go for a long, long time without a spiritual heart attack just because we took action towards cleaning out some junk in our lives. Have a great and healthy spiritual week in the Lord.

A closing thought; If you have never been to the cardiologist why not go and meet Him. He can be found by following these directions.

Realize you are a sinner Romans 3:23

Understand that the payday for sin is death or eternal conscious separation from God.
Romans 6:23a

Know that there is a way of escape for you. Romans 6:23b and John 1:12

Desire to escape and pray this or a similar prayer.

"Dear God, I know I am a sinner. I am truly sorry for my sins, and I confess them all to You [name them). Lord Jesus, forgive all my sins and come into my heart as my Saviour and Lord. I receive You right now. Help me from this time forward to live for You. Thank You for hearing and answering my prayer. In Jesus' name. Amen."

On the _____ day of _____ I became a Christian by inviting Jesus Christ into my life to forgive my sin.

Signed: _____

If you have further questions or have chosen to do this, be sure to let us know so we can help you, pray for you and encourage you in your new life.

You can reach us at lapeerchurch@gmail.com Subject line: (Salvation)