

## Struggles

Sometimes it seems like things in life are bad, then they get worse. It's not wrong to feel frustrated, angry, or sad, and you have not sinned just because you have lost the sense of God's presence.

If you are struggling and hurting today, you may feel as if you have come to the end of your endurance and ability to hang on. If you feel like this, here is something to think about

The book of Job is a case study in worst possible scenarios. Yet Job wisely assessed God's role in trying circumstances of loss and poor health: He said "*He knows the way that I take; when He has tested me, I shall come forth as gold*".

From this wise statement we can learn two valuable lessons: One is that what we dread most can be used to test our character and make us stronger. The other is that God will provide the strength and comfort to see us through.

Our job then is to hold on tightly to God. He has not given up on us. He is not mad at us. Instead, He has promised to work on our behalf, even in the worst possible scenarios we have to face in our sickness or upcoming death.

But above all of our struggles don't forget, the living God can take the fear out of living.

If you have any questions, you can find out more about our program in Cortland County NY by calling Caring Community Hospice of Cortland 607-753-9105 or visiting [www.cortlandhospice.org](http://www.cortlandhospice.org) (See our Web Link Page)