

## A Hospice Moment

Did you know??

Hospice isn't a person or place, but an attitude of care, respect, rights and dignity of all humanity

Having hospice care doesn't signal life's end, but rather a way for your loved one to receive optimal physical and emotional comfort. Hospice is not a resignation to hopelessness and helplessness.

Far from giving up, hospice helps families truly live well and support each other during a stressful, but -in the end- very natural, life passage

Hospice care is provided by a specially trained team that cares for the “whole person,” including his or her physical, emotional, social, and spiritual needs.

Hospice provides support to family members caring for a terminally ill person. The hospice benefit allows you and your family to stay together in the comfort of your home whenever possible.

If the hospice team determines that you need care in an inpatient facility, the hospice medical team will make the arrangements for your stay.

Hospice believes in the right of people to know accurately and honestly what is happening to them so they can choose how they want to spend their remaining days in the most purposeful and meaningful ways.

Hospice services may include drugs, physical care, counseling, equipment, and supplies for the terminal and related condition(s).

Hospice isn't only for people with cancer. It also covers such diseases as late stage Alzheimer's disease, end-stage pulmonary and cardiac diseases, liver disease, terminal AIDS cases, renal (kidney) disease etc.

Hospice doesn't shorten or prolong life. Hospice lets nature take its course.

Hospice focuses on comfort through an illness, not on curing of an illness.

Hospice does not “dope” people up” so they become addicted or sleep all the time and make them die sooner. Rather, Hospice has unmatched expertise in managing pain so patients are comfortable, yet alert, and able to enjoy each day to the fullest extent possible.

For further assistance ask your family physician about Hospice.

To make a referral or to get answers to help your loved one because you care

call

Caring Community Hospice of Cortland 607.753.9105 or visit [www.cortlandhospice.org](http://www.cortlandhospice.org)