

Missing the best Hospice has to offer.

Hospice has many resources and skills to assist patients and the families of people who are living with terminal illnesses. These resources are designed to help all of those involved in the Hospice program to make the most and best of the final days of a persons life. In other words, the goal of Hospice is to help them live life to its fullest, to squeeze the absolute most out of it right to the end.

The question is why do people, more often than not, miss the best when the best solution for this stressful occasion is available to them in their time of need?

The first suggestion is people are afraid. Sadly they are afraid of living and also afraid of dying. What a state of affairs in which to live a life till we die. While Hospice deals with death the focus is on living but fear keeps many from this wonderful and helpful experience. Living life to the fullest till it is finally fulfilled.

Another suggestion is people are afraid to speak to their doctors about issues such as this. To those people it seems like if they say anything to the doctor they will make the doctor upset. But when should the doctor be the one making your decisions on how to live your life to its fullest? They should be glad to assist but the family and patient should be calling the shots since they are the ones personally involved.

Another suggestion is that doctors are afraid to speak to patients about issues such as this. Afraid because they have to admit that they can not cure everything and they may feel like a failure and no one likes to fail. As one doctor basically stated it however, even doctors don't have all the answers.

A last suggestion is people are afraid because of a lack of accurate information. They believe the doctors (professionals) who are skilled when it comes to curative issues but they may not believe

Hospice (professionals) who are skilled when it comes to death issues. In other words Medical professionals know about living but not necessarily about living life **to the fullest** till it finally ends.

There is indeed a lot of fear and misunderstanding but one last reason so many miss this wonderful resource is because **they wait too long** to confront the issues and the family then suffers loss without the benefit of the professionals who are skilled in living life to the fullest until, like for all of us, it finally ends.

If you would like to gain a better understanding of the end of life issues gripping you or a loved one, issues who you secretly know are not going to be cured by the doctors why not call in to the specialist who can help you with issues the doctors can't? There is a difference between living life to the end and living it fully.

For more information you may call Caring Community Hospice of Cortland 607.753.9105 or if you are not quite ready to make a call you can go to *www.cortlandhospice.org* and read the information assembled there for you.

But above all don't miss the best Cortland County NY has to offer in the way of end of life issues. Helping families live life to fullest.